

Multidisciplinary Experience Sharing / MESSummit 2

MAY 09-11, 2025 | UNAHOTELS San Vitale Bologna, ITALY

www.messummit.org

MAY 09, 2025, FRIDAY

08:15-08:30 OPENING

Speakers: Hakan KORKMAZ, MD Sophio BERIDZE, MD

08:30-09:00 ASTHMA AND ALLERGY SESSION

Moderators: Hakan KORKMAZ, MD Teimuraz GOGITIDZE, MD

Speakers: Özkan YETKİN, MD Funda ÇELİK ŞENEL, MD Ia SHAINIDZE, MD

09:00-09:15 Q&A and Discussion

09:15-09:30 COFFEE BREAK



09:30-10:00 CURRENT TREATMENT FOR RHINOSINUSITIS

Moderators: Hakan KORKMAZ, MD Ia SHAINIDZE, MD

Speaker: Emel ÇADALLI TATAR, MD

10:00-10:15 Q&A and Discussion

10:15-11:00 MULTIDISCIPLINARY APPROACH TO MEDICAL AND SURGICAL TREATMENT OF BENIGN THYROID DISEASES

Moderators: Hakan KORKMAZ, MD Emel ÇADALLI TATAR, MD

Speakers: Emel ÇADALLI TATAR, MD, Teimuraz GOGITIDZE, MD

11:00-11:15 Q&A and Discussion

11:15-12:00 CASE PRESENTATION

Moderators: Hakan KORKMAZ, MD Sabina MONSERRINO, MD

11:15-12:00 Unusual Cases in ENT

Speaker: Emel ÇADALLI TATAR, MD

12:00-13:30 LUNCH BREAK



13:30-16:30 DIABETES EDUCATION WITH CHALLENGING CASES

Moderators: Yasin ŞAHİNTÜRK, MD Nizameddin KOCA, MD

13:30-14:00 Diabetes Management in Macrovascular Complications

Speaker: Yasin ŞAHİNTÜRK, MD

14:00-14:30 Diabetes Management After Chemotherapy

Speaker: Nizameddin KOCA, MD

14:30-15:00 Diabetes Management in Patient with MASLD

Speaker: Yusuf YILMAZ, MD

15:00-15:30 Ketoacidosis Case

Speaker: İsmail ENGİN, MD

15:30-16:00 Choosing the Appropriate OAD

Speaker: Yasin ŞAHİNTÜRK, MD

16:00-16:30 Q&A and Discussion

16:30-16:45 COFFEE BREAK



16:45-17:30 RATIONAL DRUG USE IN DIABETES

Moderator: Yasin ŞAHİNTÜRK, MD

Speaker: Nizameddin KOCA, MD

17:30-18:00 GENERAL REVIEW OF THE DAY

Speakers: Yusuf YILMAZ, MD

18:00-18:15 Q&A and Discussion

MAY 10, 2025, SATURDAY

08:30-08:45 OPENING

Speakers: Yusuf YILMAZ, MD Sophio BERIDZE, MD

08:45-09:15 TURKISH-GEORGIAN COLLABORATION IN PUBLIC HEALTHCARE: CHALLENGES AND PERSPECTIVES

Moderators: Yusuf YILMAZ, MD Sophio BERIDZE, MD Khatuna VARSHANIDZE, MD

Speaker: Teona VARSHALOMIDZE, MD

09:15-09:30 Q&A and Discussion

09:30-10:00 DIABETES SESSION

Moderators: Liana JASHI, MD

Speaker: Ana KOTORASHVILI, MD

10:00-10:15 Q&A and Discussion

10:15-10:30 COFFEE BREAK



10:30-11:45 SYNERGY IN CARE: DPP-4 INHIBITORS COMBINED WITH OTHER THERAPEUTICS

Moderator: Yasin ŞAHİNTÜRK, MD Nizameddin KOCA, MD

10:30-10:45 DISCUSSION 1: - SGLT2 Inhibitors w/DPP-4

Speaker: İsmail ENGİN, MD

10:45-11:00 Beyond Glucose Control: The Extra Glycemic Benefits Of DPP-4 Inhibitors

Speaker: Hilmi Erdem SÜMBÜL, MD

11:00-11:15 DISCUSSION 2: - Pioglitazone w/DPP-4

Speaker: Yasin ŞAHİNTÜRK, MD

11:15-11:30 Two-Way Relationship Between Steatotic Liver Disease and Diabetes

Speaker: Sophio BERIDZE, MD

11:30-11:45 Q&A and Discussion

11:45-12:15 AMERICAN DIABETES ASSOCIATION AND EUROPEAN EXPERTS UPDATED RECOMMENDATIONS ON DPN MANAGEMENT

Moderators: İsmail ENGİN, MD Meri DAVITADZE, MD

Speaker: Liana JASHI, MD

12:15-13:15 LUNCH BREAK



13:15-13:45 ARTIFICIAL INTELLIGENCE IN EARLY DIAGNOSIS

Moderator: Sophio BERIDZE, MD

Speaker: Ana KOTORASHVILI, MD

13:45-14:15 DIABETES AND SKIN DISEASES

Moderator: Sophio BERIDZE, MD

Speaker: Sadek NAZAR, MD

14:15-14:30 Q&A and Discussion

14:30-15:00 COFFEE BREAK



15:00-15:45 OSTEOPOROSIS SESSION

Moderator: İsmail ENGİN, MD

15:00-15:45 Osteoporosis Diagnosis: to Whom, Which Treatment?

Speaker: İsmail ENGİN, MD

15:30-15:45 Q&A and Discussion

16:00-16:30 CASE PRESENTATIONS

Moderator: Yasin ŞAHİNTÜRK, MD Nizameddin KOCA, MD

16:00-16:15 The Role of Incretin-Based Therapies in High-Risk Populations

Speaker: Nizameddin KOCA, MD

16:15-16:30 Inflammation and Diabetes: Uncovering the Connection

Speaker: Yasin ŞAHİNTÜRK, MD

16:30-17:30 UNUSUAL CASES IN DIABETES

16:30-16:45 Case 1: MODY in Diabetes

Speaker: İsmail ENGİN, MD

16:45-17:00 Case 2: LADA in Diabetes

Speaker: Nizameddin KOCA, MD

17:00-17:30 Q&A and Discussion

17:30-18:00 GENERAL REVIEW OF THE DAY

Speakers: MD Yusuf YILMAZ, MD

18:00-18:15 Q&A and Discussion

MAY 11, 2025, SUNDAY

09:00-10:30 INCRETIN-BASED TREATMENTS IN TYPE 2 DIABETES

Moderator: Yusuf YILMAZ, MD

09:00-09:30 Injectable

Speaker: İsmail ENGİN, MD

09:30-10:00 Oral

Speaker: Yasin ŞAHİNTÜRK, MD

10:00-10:30 Consult to Experts: Clinical Management of Patients with Diabetes

Speakers: Nizameddin KOCA, MD

10:30-10:45 COFFEE BREAK



10:45-12:45 FIBROSCAN WORKSHOP

Moderator: Yusuf YILMAZ, MD

10:45-11:15 Group A: Practical Training of FibroScan

Speaker: Yusuf YILMAZ, MD

11:15-12:45 Group B: Practical Training of FibroScan

Speaker: Yusuf YILMAZ, MD

12:45-13:00 CLOSING REMARKS

Speakers: Yusuf YILMAZ, MD Sophio BERIDZE, MD